

## Youth Lacrosse

Come out to play this truly American game. Both the boys' team and girls' team will have practices during the week and play games on Saturdays in Freeport and in surrounding communities. A game schedule will be distributed at one of the first practices. The grades 3/4 programs are an introduction to the sport of lacrosse. Players will learn about the game and focus on skill development and having fun. The grades 5/6 programs will work to build on fundamental skills and learn the importance of "team play"; it is appropriate for returning players as well as those new to the sport. Game jerseys and goalie equipment is supplied.

### **REGISTRATION DEADLINE – APRIL 10<sup>th</sup>**

**Registrations will only be accepted beyond this date if space is available.**

**Coaches needed for all teams. Contact Anthony at 865-6171, if interested in helping.**

**Boys' equipment** – Boys will need a helmet, arm and shoulder pads, athletic supporter, stick, gloves, and mouth guard. Players should also bring a water bottle.

**Girls' equipment** – Girls will need goggles, stick and mouth guard. Players should also bring a water bottle.

Location: FMS field

Fee: \$50/\$60 NR

#### **Boys Grades 3/4**

Dates: 4/15 – 6/26

Day: Wed & Fri

Time: 5:00 – 6:30 pm

Course #: 94-202

#### **Boys Grades 5/6**

Dates: 4/15 – 6/26

Day: Wed & Fri

Time: 5:00 – 6:30 pm

Course #: 94-203

#### **Girls Grades 3/4**

Dates: 4/14 – 6/25

Day: Tues & Thurs

Time: 5:00 – 6:30 pm

Course #: 94-204

#### **Girls Grades 5/6**

Dates: 4/14 – 6/25

Day: Tues & Thurs

Time: 5:00 – 6:30 pm

Course #: 94-205