

## Beginner Kayak

Spend the week with Seaspray Kayaking at Winslow Park! Join us for our exciting paddling games and instruction on the water each day. We will go on an expedition treasure hunt and paddle to a secret island! A snack and drink will be provided daily and all kayakers will receive a kayaking t-shirt and certificate on the last day. Kayakers should be prepared for a change in weather conditions. A list of what to bring will be mailed to all registrants prior to the beginning of camp.

### ***Instructor: Seaspray Kayaking***

Dates: July 20 - 24

Days: Monday – Friday

Time: 9:00 am – Noon

Ages: 8 and up

Location: Winslow Park, Freeport

Fee: \$185/\$195 NR

Course #: 11-241



## Advanced Kayaking (with an overnight)

Spend Monday and Tuesday refreshing your paddling skills and preparing for two full days of kayaking on Wednesday and Thursday at Cousins Island in Yarmouth! Instructors will concentrate on improving your paddling skills, introducing the Eskimo roll, and camping out under the stars on Wednesday evening! This week is designed for kids 10 and older who have prior kayaking experience. A snack and drink will be provided each day, but participants will need to bring a lunch on Wednesday. Seaspray Kayaking will provide food on Wednesday night and Thursday. All Kayakers will receive a kayaking t-shirt. Kayakers should be prepared for a change in weather conditions. A list of what to bring will be mailed to all registrants prior to the beginning of camp.

### ***Instructor: Seaspray Kayaking***

Dates: July 27 – 30

Days: Monday – Thursday

Time: Monday & Tuesday: 9:00 am – Noon

Wednesday & Thursday (overnight):

9:00 am (Wed) – 4:00 pm (Thurs)

Ages: 10 and up w/prior kayaking experience

Location: Winslow Park

Fee: \$230/\$240 NR

Course #: 11-242